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Articles in this section 

How to: View Questionnaire Responses



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a few seconds ago · Updated

Are you curious about how to access and review responses to questionnaires submitted by athletes or other users in your CoachMePlus installation? Follow these steps to efficiently view responses:

Video Walkthrough

How to View Questionnaire Responses in CoachMePlus | F...



Option 1: Viewing Individual Responses from the Coaches Home Screen

1. Identify the Athlete's Response from the Home Screen

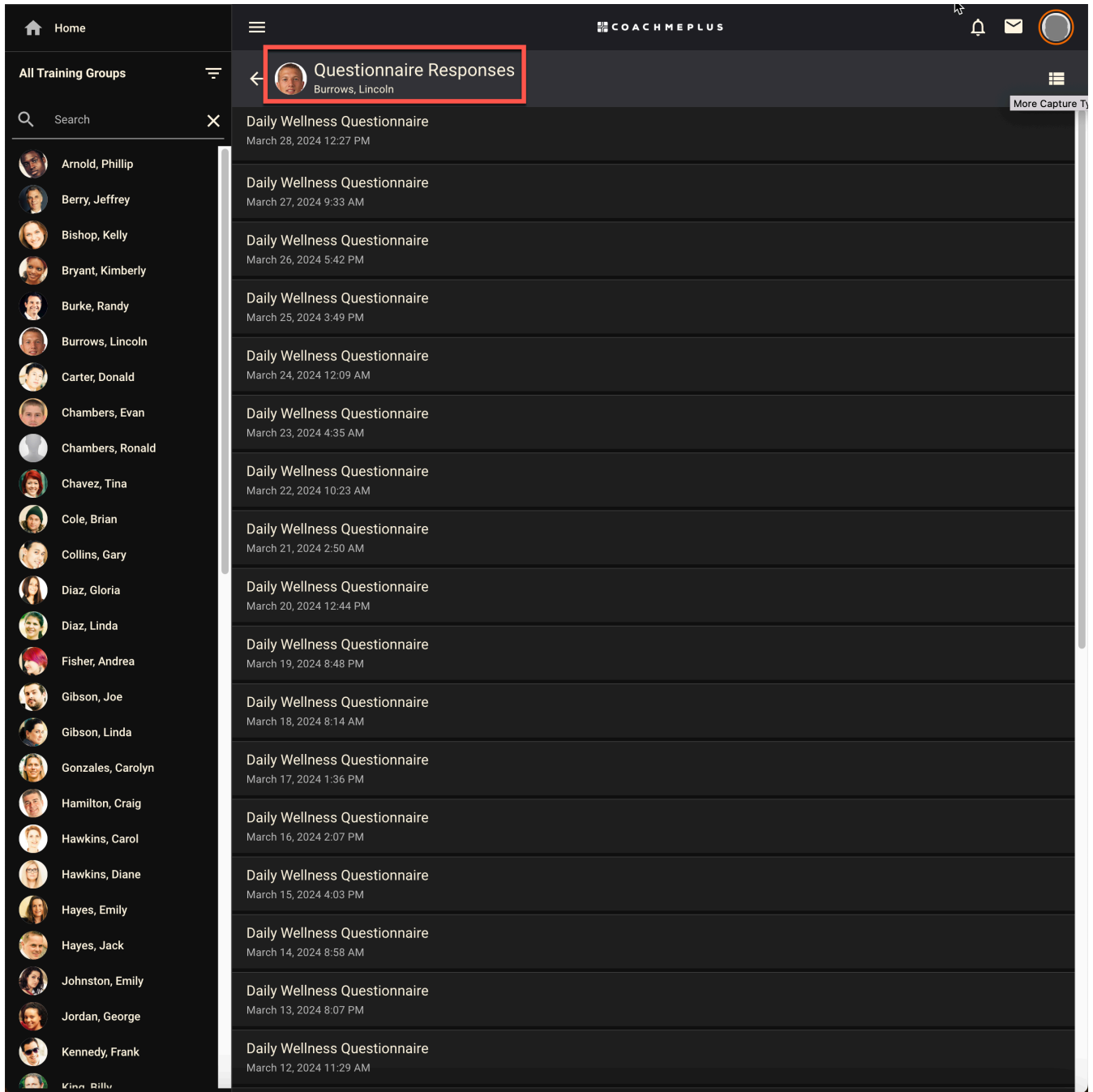
- Log in to your CoachMePlus account and navigate to the home screen.
- Locate the Wellness Widget or relevant section where athlete responses are displayed.
- Identify the athlete whose responses you want to view (e.g., Lincoln Burroughs).

2. Access the Responses

- Click on the athlete's name to open their profile or details page.

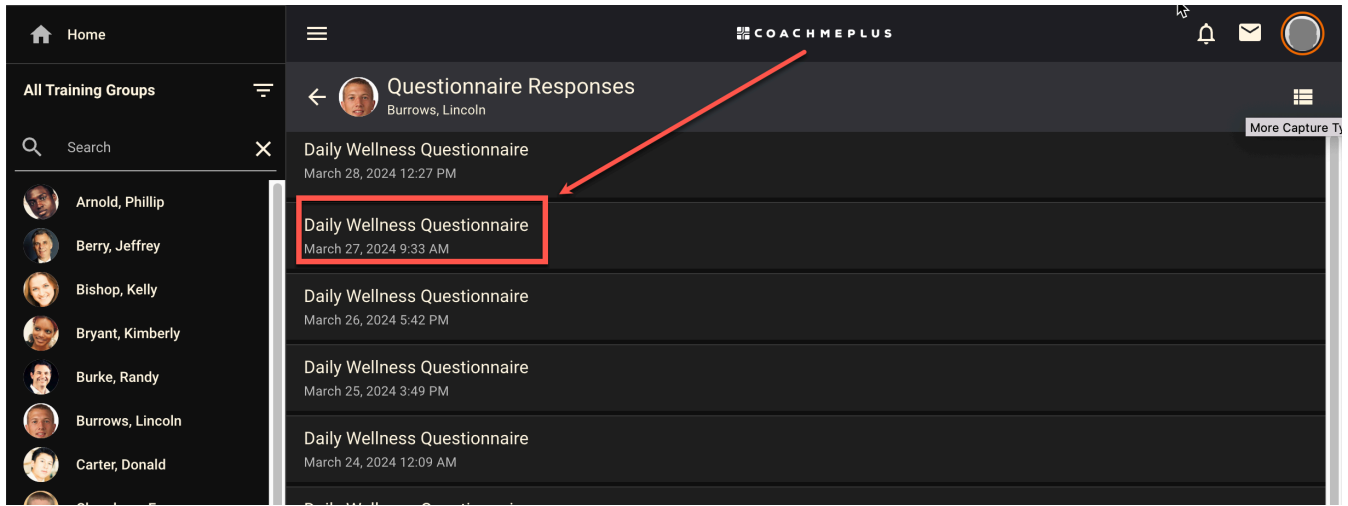
- Look for an option such as "Responses" and click on it.

- This will display the athlete's responses to the questionnaire for the selected date range.



3. Review the Responses

- Select the date of the questionnaire you want to review.



- You can now see how the athlete answered all the questions on the questionnaire for that specific day.

COACHMEPLUS

Burrows, Lincoln
March 27, 2024 9:33 AM

Daily Wellness Questionnaire

Questionnaire to test Athlete's wellness

Last night your sleep was restful, satisfying and relaxing

(1) Terrible, (2) Bad, (3) OK, (4) Good, (5) Great Sleep!

1 2 3 4 5

Today your body feels physically strong and recovered

(1) Exhausted, (2) Tired, (3) OK, (4) Good, (5) Strong!

1 2 3 4 5

Today you laughed, are happy, and in a good mood

(1) Miserable, (2) Grumpy, (3) OK, (4) Good, (5) Great!

1 2 3 4 5

Today you are mentally alert, focused, and energetic

(1) Drained, (2) Somewhat awake, (3) OK, (4) Good, (5) Great!

1 2 3 4 5

Today your muscles are not feeling any soreness and pain

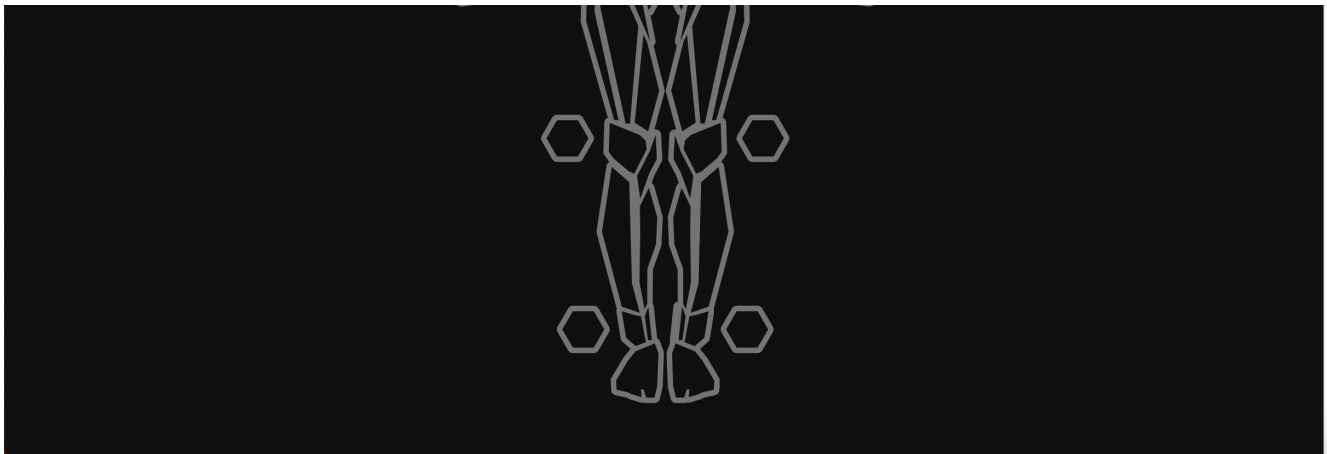
(1) Very sore, (2) Somewhat sore, (3) OK, (4) Good, (5) Not sore at all!

1 2 3 4 5

Today a part of your body has pain or soreness

Please indicate which body part and how much pain or soreness.



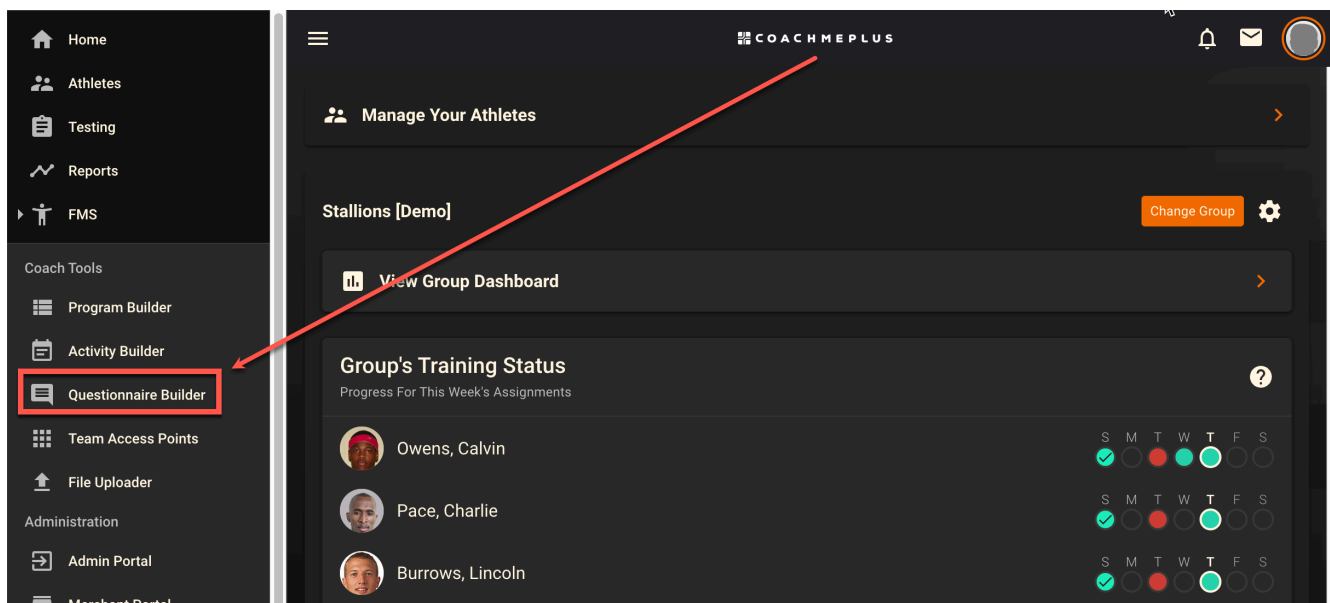


- Analyze the responses to gain insights into the athlete's well-being or performance status.

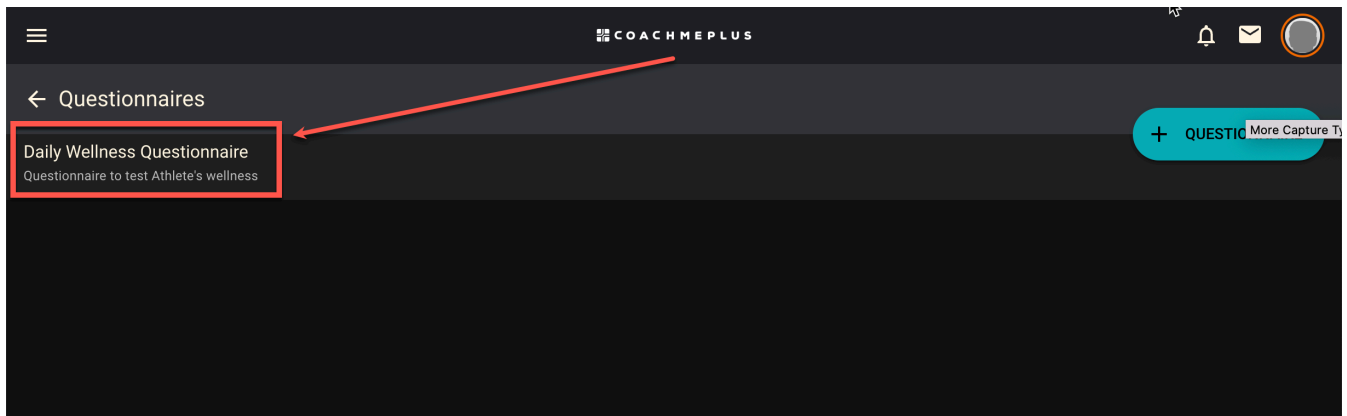
Option 2: Viewing Responses inside of the Questionnaire Builder

1. Navigate to the Questionnaire Builder

- If you want to view responses for multiple users or a general overview, go to the Questionnaire Builder.

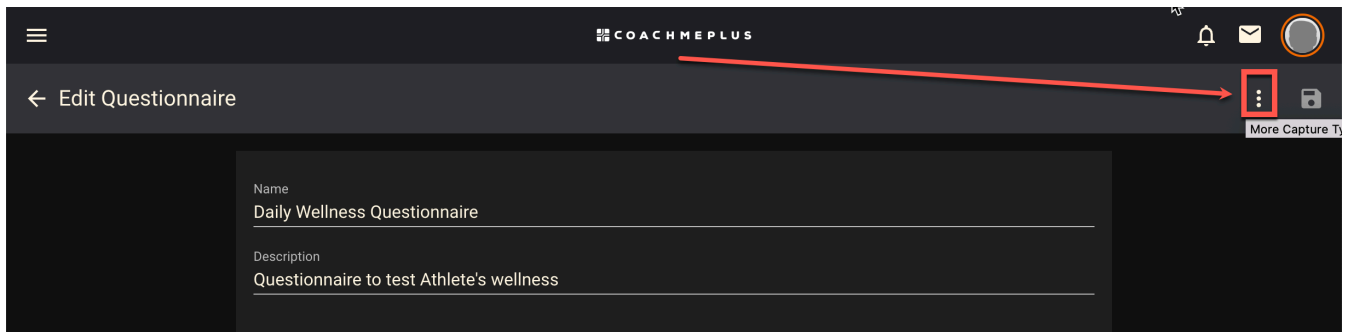


- Select the specific questionnaire you're interested in reviewing.



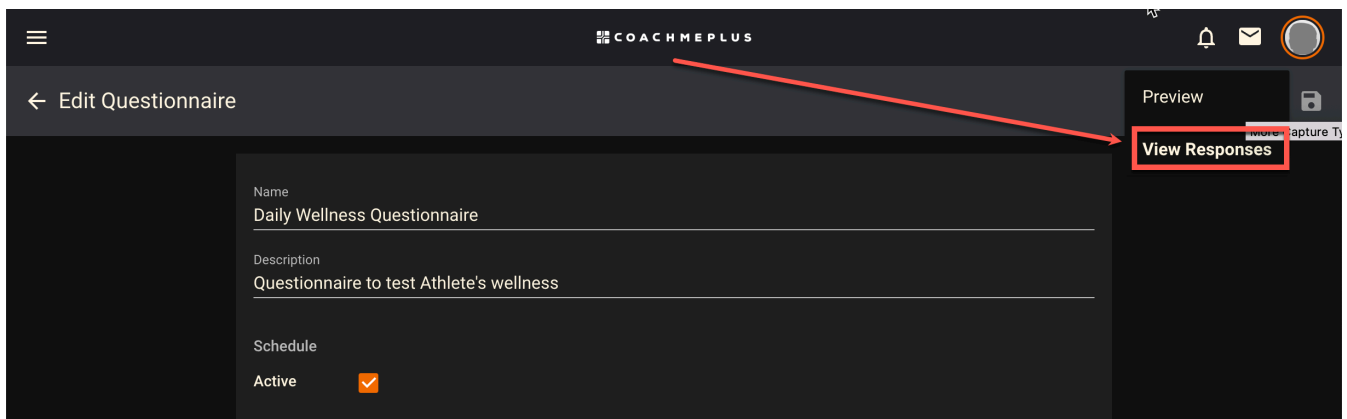
2. Access Responses from the Questionnaire

- In the Questionnaire Builder, locate the three dots or ellipsis icon (usually found in the upper right corner) next to the questionnaire name.
- Click on the three dots to reveal a dropdown menu.

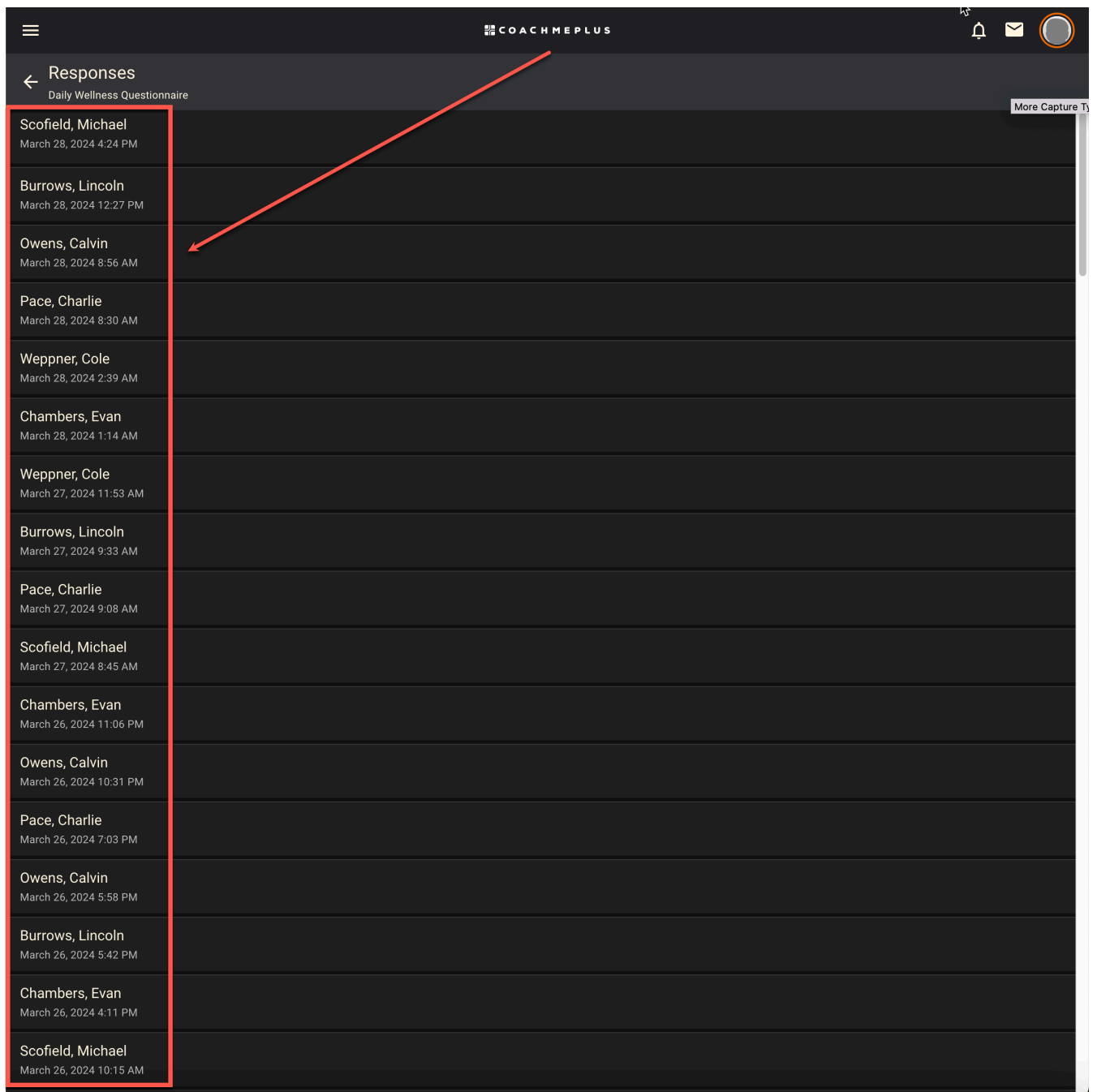


3. View Responses

- From the dropdown menu, select "View Responses."



- This action will display a list of all users in your installation who have responded to the questionnaire over time, with the most recent responses at the top.



4. Select a User to View Responses

- Scroll through the list or use the search function to find the user whose responses you want to review.
- Click on the user's name to access their responses to the questionnaire.

5. Review User Responses

- You'll now see the user's responses to the questionnaire, including any additional details such as body chart annotations if applicable.
- Analyze the responses to monitor trends, track progress, or identify areas of concern.

By following these steps, you can easily access and review responses to questionnaires submitted by athletes or other users in your CoachMePlus system, helping you make informed decisions regarding athlete management and performance optimization.



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