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How To: Assign Athletes to a Training Group



Stephen Ostrow a few seconds ago · Updated

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This article will show you:

• How to assign your athletes into training groups.

You need this because

- You want to keep track of athletes and assign specific workouts to certain training groups.
- It allows you to communicate with various training groups and allows you to delegate tasks to specific groups.
- It provides you with the ability to set certain permissions to different groups. This will save you time in the long run when a new user is added into your system.

View our How To video and follow the steps below:



How To: Assign Athletes to a Training Group

<u>Step One</u>: To assign an athlete to a training group, click on Athlete Central on the homepage.



You will be brought to the **Organization** dashboard.

Select Users

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	Users		Training Groups		
	Manage your users, reset passwords, and send welcome emails	Create a	nd organize your training groups		
	Manage Invites		Login History		
	Invite new athletes via link	View	system authentication logs		
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Select the User you want to Update.

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C	Bishop, Kelly Extra [DEMO] > Athletes [DEMO]		k.bishop@example.org	
	Bryant, Kimberly Extra [DEM0] > Athletes [DEM0]		k.bryant@example.org	
۲	Burke, Randy Extra [DEM0] > Athletes [DEM0]		r.burke@example.org	
	Burrows, Lincoln Stallions [Demo] > Goalies		lburrows@example.org	
@	Carter, Donald Extra [DEMO] > Athletes [DEMO]		d.carter@example.org	
	Chambers, Evan Prospects [Demo] > Forwards		echambers@example.org	
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6	Chavez, Tina Extra [DEMO] > Athletes [DEMO]		t.chavez@example.org	
٢	Cole, Brian Extra [DEMO] > Athletes [DEMO]		b.cole@example.org	
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Bryant, Kimberly Extra [DEM0] > Athle	etes [DEMO]			k.bryant@exa	ample.org
Burke, Randy Extra [DEMO] > Athle	etes [DEMO]			r.burke@exa	ample.org
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Select: **Training Group**. Select the training group that you would like to assign to the player.

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Basic Information * Email Address			
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Select the **Training Group** that you would like to assign to the player.

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After you have successfully selected the training group, click **Save** to save changes.

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