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How To: Create Your Training Groups

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3 days ago · Updated

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Introduction

In CoachMePlus, creating Training Groups is an essential part of organizing your athletes under Training Group Folders. This structured approach allows you to efficiently manage your athletes and streamline your coaching tasks. This FAQ article will guide you through the process of creating Training Groups, helping you organize your players into different groups and save time when assigning tasks to specific groups of athletes.

Watch this How To video and follow the steps below:

? **Help**

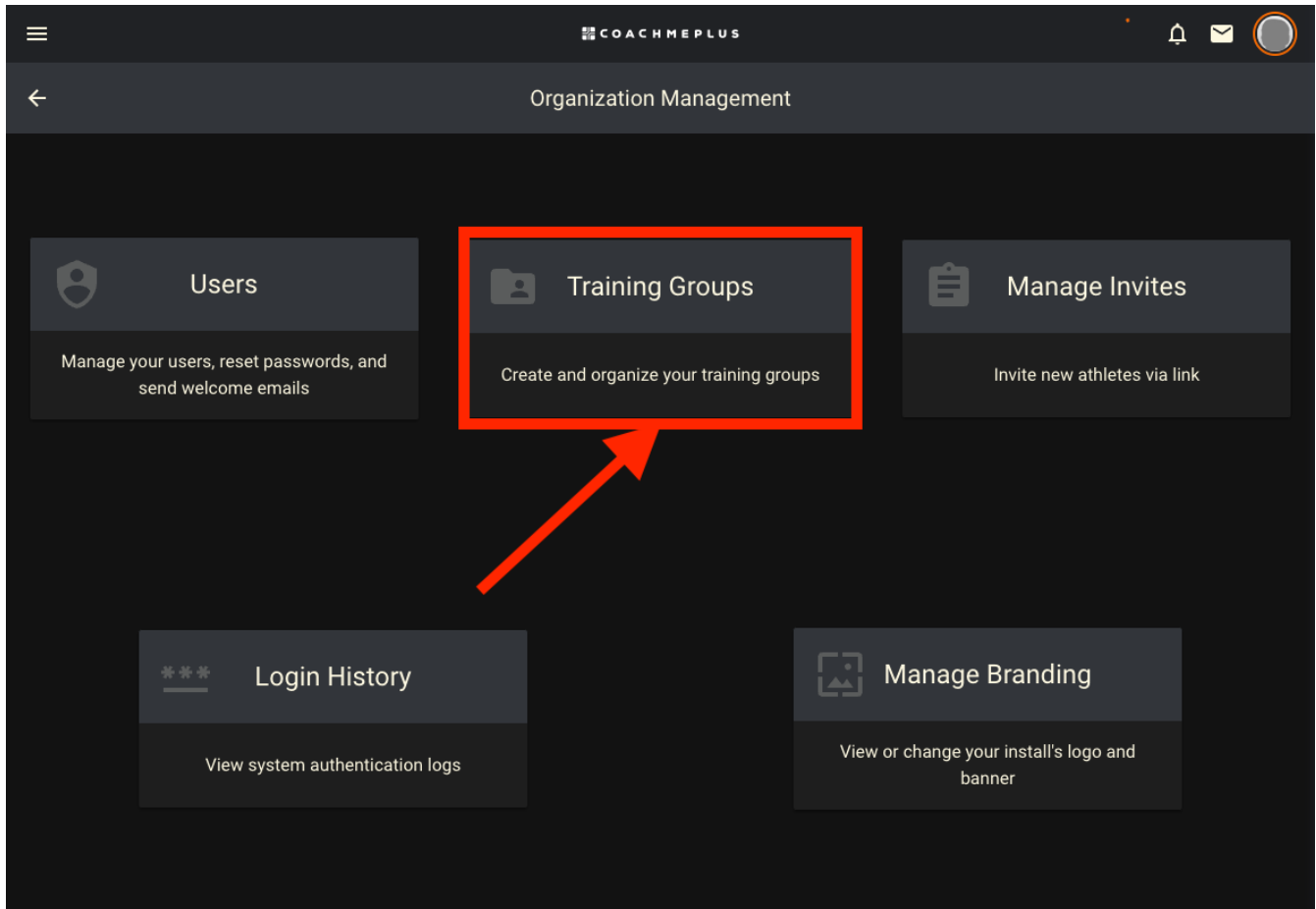## How do I create a new Training Group for my install?

Step 1 - Access the Organization Menu:

- Begin by selecting the "Organization" menu option on the Home Page.
- You can find this option under "Administration" -> "Organization."
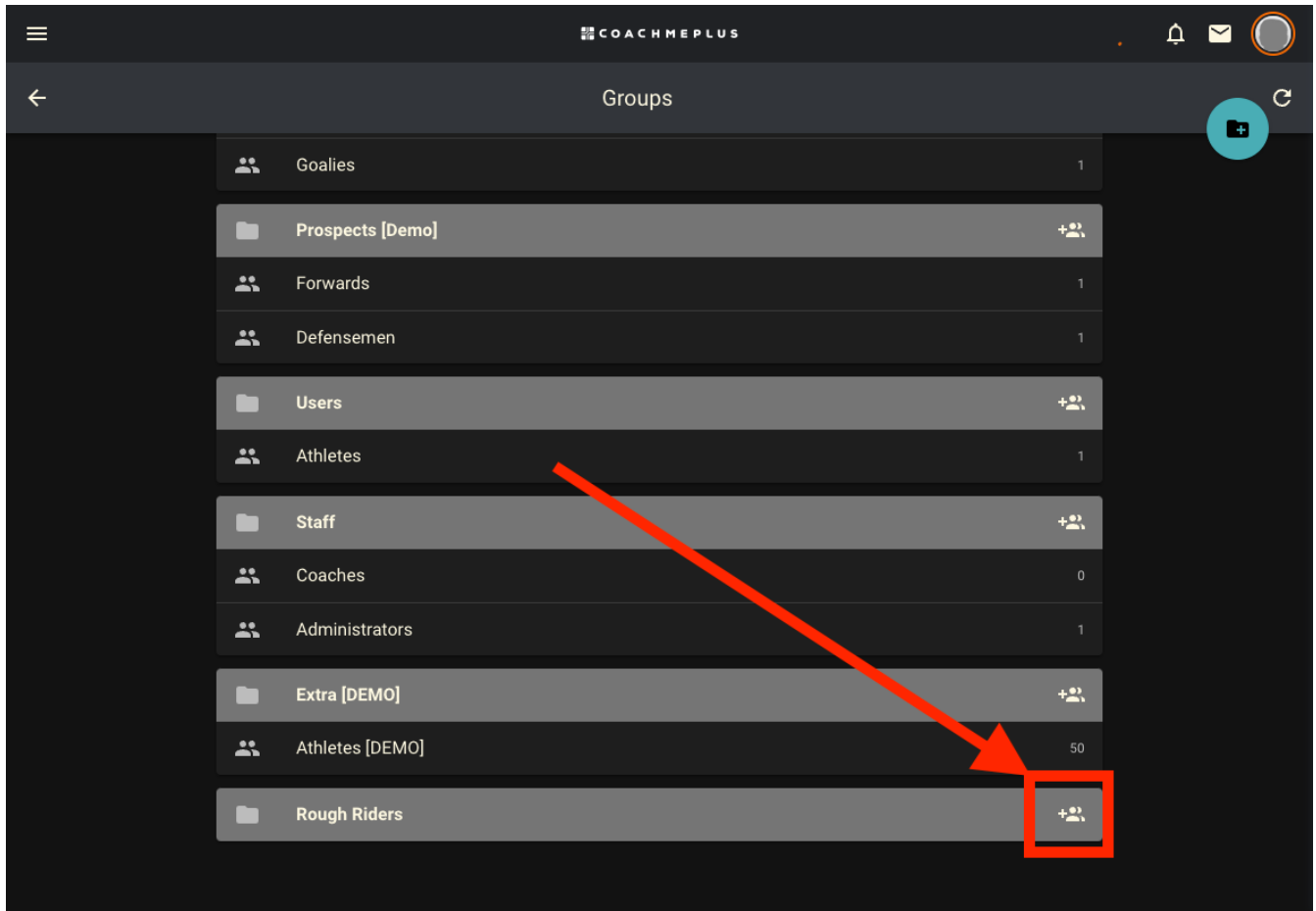
Step 2 - Access Training Groups:

- In the Organization Management section of the application, select the "Training Groups" option.
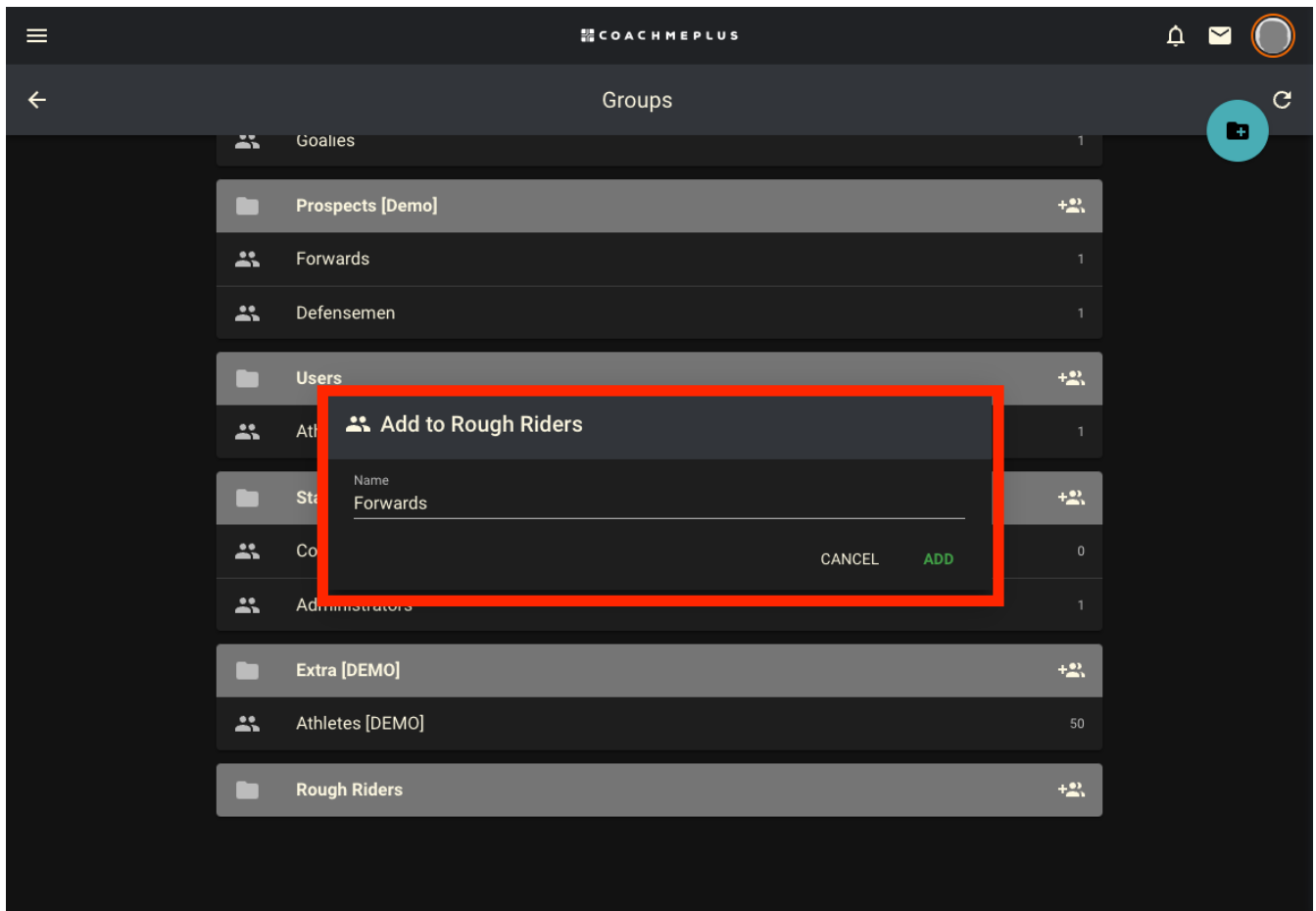

Step 3 - Add a New Group:

- Within the Training Group Folder bar, locate and click the "Add Group" option.

Step 4 - Name Your New Training Group:

- After clicking the "Add Group" option, you will be prompted to provide a name for your new Training Group.

Step 5 - Manage Your Training Group:

To control the order and details of your Training Group:

1. Select the name of the Training Group you wish to manage.
2. Utilize the "Up" and "Down" arrows in the popup window to adjust its position.
3. To delete a Training Group, use the appropriate option.
4. You can also edit the name of your Training Group within this interface.
5. Add your athletes to the Training Group. Detailed instructions for adding athletes can be found in the "How to Add Your Athletes" article.
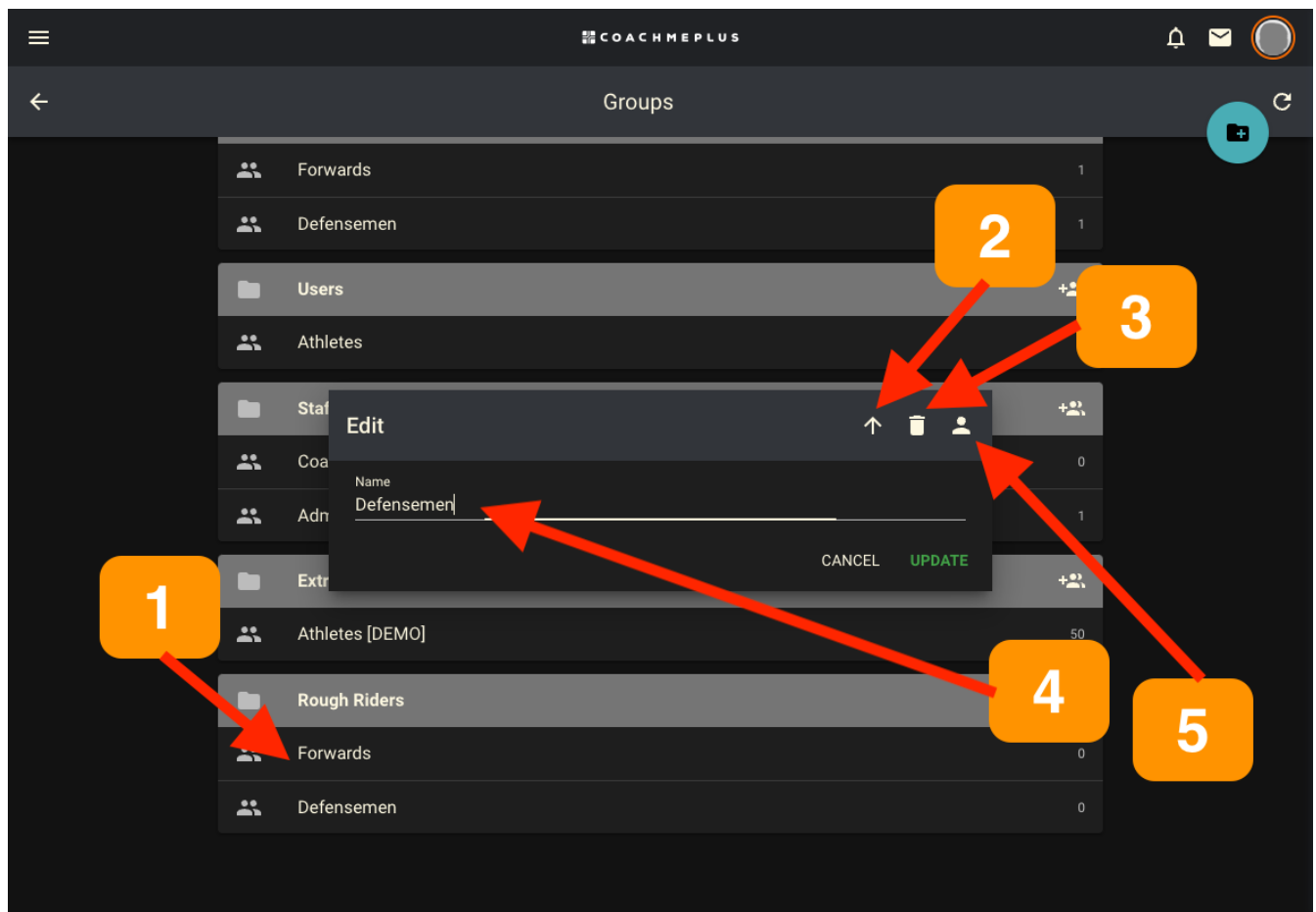
Why do I need to create Training Groups?

You need to create Training Groups in CoachMePlus for the following reasons:

- Organize Athletes: Training Groups help you categorize your athletes into different groups, enhancing organization and management.
- Efficient Task Assignment: Creating Training Groups allows you to save time by assigning specific tasks and sharing documents with particular groups of athletes.

By following the steps outlined in this article, you can easily create and manage your Training Groups in CoachMePlus, improving your coaching efficiency and athlete organization.

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